

STAYING CONNECTED NEWSLETTER

Nelsy Segura at the Ethnic Heritage Art Gallery

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Nelsy was born and raised in Mexico. She moved to the US in 2003 and now lives in Seattle. Here is what Nelsy has to say about her work:

"Most of my pictures started when I was capturing memories from my native land, Mexico. Over the years my

photography included my new home in Seattle and I made photos of those who left home, but never forgot their traditions and culture, while adopting new ones here. What I try to portray is the transforma-

tion from one home and culture into two homes, two countries, without forgetting the original one. I always would like to learn more about my Latino heritage, which has been my main inspiration and influence in my art works."

Congratulations, Nelsy!

From July 19 to October 15, young photographer Nelsy Segura will be exhibiting her work at the Ethnic Heritage Art Gallery, Seattle Municipal Tower, 3rd floor. The exhibit is titled "All the Beauty: Faith, Protection, and Love from Mother."



Call for Nominations—Latino Heritage Award

Nominations are now being accepted for the Sixth Annual Latino Heritage Award.

This award recognizes an individual who has made significant contributions to the Seattle Latino community by displaying leadership, innovation, creativity, and dedication. Through their contributions, award recipients

inspire others to be involved in the Latino community and make a difference.

The award will be delivered by Mayor McGinn in a public ceremony October 14, at 11:30 a.m. at Seattle City Hall.

Submit a one-page narrative describing how the nominee

meets the award criteria (found at <http://www.seattle.gov/latinoheritage/>) by September 27, to:

City of Seattle Latino City Employees—Latino Heritage Award
c/o Sonia Palma, SDOT, PO Box 34996, Seattle, WA 98124-4996
or via email at Sonia.palma@seattle.gov

Latino City Employees encourages leadership opportunities by sharing information, experience, and knowledge among Latino City employees

"Spanish Lunches" Nomination

Spanish Lunch, an LCE-HOLA collaborative effort, was nominated for SPU's World Class Silent Hero and Diversity Award.

The group meets every Tuesday to practice Spanish during lunch. The purpose of these gatherings is not only to help people acquire and improve their Spanish skills and build relationships, but also

to build capacity in order to provide better customer service to Seattle's Latino community.

Good job, **Carlos Albarra-cin, Patty Cortez, Luis Hillon, Sonia Palma, Luis Ramirez, Carlos Sanabria, and Virginia Wehr!**



Hispanic Seafair 2010

This year LCE continued to provide support for community outreach by volunteering for the SDOT information booth at the Hispanic Seafair Festival on July 25.

The LCE bilingual volunteers were able to provide information to the public about the Mayor's Walk Bike Ride initiative and other SDOT programs.

The outreach was quite successful, providing contact with many people who were not previously familiar with the Transportation Department and services. Children enjoyed getting their picture taken in the cut out figures. We handed out Walk Bike Ride challenge calendars, bicycle and neighborhood walking maps, pens made of recycled materials, crayons, and coloring books about SDOT programs.

Many thanks to **Elyn Blandon**, **Jacque Larrainzar**, and **Sonia Palma** for volunteering their time!



Farah Isabella Novoa took first place in KCTS 9 2010 Writers Contest in the Kindergarten category with "The ladybug doesn't find her spots"



Recipe Corner: Panama's Sancocho

Sancocho is a traditional soup (often considered a stew) in several Spanish and Latin American cuisines. It usually consists of large pieces of meat and vegetables served in a broth. In Panama chicken is favored and the recipe calls for yucca (a plant from the agave family), but corn on the cob can also be used.

Ingredients:

- 1 5-lb chicken or cooking hen cut into eights
- 3 teaspoon salt
- 4 tablespoons cilantro, chopped
- 3 cloves garlic, finely chopped
- 1 pinch oregano

- 1 medium onion, finely chopped
- 1 hot pepper, finely chopped
- 2 quarts water
- 5 lbs yucca, peeled and cut into large pieces or two corns on the cob cut into smaller pieces

How to prepare:

Season the chicken with the cilantro, oregano, and salt. Put a heavy pot over medium heat and add the seasoned chicken. Brown the chicken on all sides.

Add the water, onion, and hot pepper. Bring to a boil and reduce to a simmer. Cook until the chicken softens, about one hour.

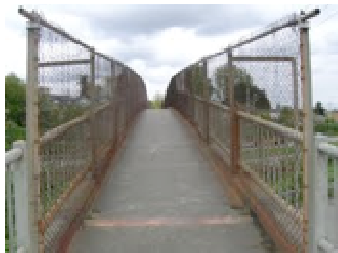
Add the yucca and allow to boil until the tubers soften. If using corn on the cob, cook until tender.

Season with more salt to taste if needed.

Serve hot.



South Park's "Little Bridge"



We all know about the closure of the South Park Bridge, but few are aware that a second bridge in the neighborhood is also in dire need of attention. South Park's "Little Bridge" is a pedestrian walkway that spans SR99 at South HENDERSON Street.

Rather than freight and cars, this bridge carries school children, families, neighbors and friends from one side of South Park to the other. That is, for those who choose to use it. Currently, the Little Bridge is an eyesore: dull, rusty, and overgrown. Many in the neighborhood see it as a crime magnet and prefer to just get in their cars and drive around.

Local artist Amaranta Ibarra-Sandys is working with South Park residents to revitalize the Little Bridge with an eye toward making it a bright and inviting pathway rich with cultural imagery. Her goal is to create a design that represents and reflects the people who use the bridge. When asked about the undertaking, the artist had this to say:

"A bridge: it's a structure, built to cross water, creek, lake or an obstacle. To me, a bridge is to connect with people, to bring community together, to cross the bridge and get to our places. This has been a great experience and one of my very first public art projects."

The artist has facilitated design workshops with families from Sea Mar's Cesar Chavez Village and Concord Elementary School – two important community centers directly linked by the bridge. She is working to incorporate the ideas into a unifying visual theme. Once the fence replacement is complete later this month, several painting days will follow in which community members are welcome to pick up a

brush and add to the artwork. A grand opening celebration will be held after the start of the school year.

A grant from the Seattle Foundation's Neighbor-to-Neighbor fund will pay for the paint and other supplies. A grant from Seattle Department of Transportation will help replace the rusty fence, along with several donations from local South Park Businesses: Ferguson Construction, Commercial Fence Corp., Arkadia Woodworking, and Boyer Logistics. A mini grant from the National Center for Safe Routes to School supports a "walking school bus" across the bridge, with partners from Sea Mar, Concord Elementary, and Feet First. The Little Bridge project springs from a larger Safe Routes to School program at Concord Elementary School, funded by the Washington State Department of Transportation.

To learn more about the project, get involved or donate, please contact Jen Cole with Feet First: jen@feetfirst.info / 206-652-2310



Volunteer Opportunity

Latino Family Health & Safety Fair

September 25
10:00 a.m. – 3:00 p.m.
Grace Community Church
Auburn, WA

Sylvia Cavazos Recognized by SPU

On Thursday, August 5, SPU's **Sylvia Cavazos** was recognized with the Distinguished Achievement Award as part of Seattle Public Utilities' Employee Recognition World Class Awards.

Sylvia was honored in a very emotional event with colleagues, family, and friends.

Congratulations, Sylvia!



Upcoming events

LCE Membership Meeting

First Thursday of the month
Noon—1:00 p.m.
SMT 2750

Spanish Lunch

Weekly on Tuesdays
Noon—1:00 p.m.
2nd floor, Columbia Tower
Tables outside the Complete Office Solutions store

Dancing for Health

This weekly activity is on hold during the summer months

Concerts at City Hall

Thursdays at noon
Through December 16
City Hall

Seattle Public Library

Will be closed from
August 30—September 6

Alfredo Rodriguez Trio

August 31—September 1
7:30 p.m.
Dimitriou's Jazz Alley
2033 6th Avenue, Seattle

Latino Family Health & Safety Fair

September 25
10:00 a.m.—3:00 p.m.
Grace Community Church
1320 Auburn Way S, Auburn
www.latinoferia.com

Latino Heritage Award

October 14, 2010
11:30 a.m.
City Hall

For additional information on all LCE events, visit our website:
http://inweb.ci.seattle.wa.us/LCE/LCE_Events.htm

Latino/Hispanic Q3 Holidays

Date	Originating Country	Celebration Name	Tradition Description
July 6-14	Spain	Los San Fermines (San Fermín Festival, aka Running of the Bulls in Pamplona)	Running of the Bulls dates back to the 14 th Century. From July 7 to the 14, the bulls run every day from old town Pamplona to the main bullfighting plaza
July 20	Colombia	Independence Day	Independence from Spain
July 25	Puerto Rico	Puerto Rico's Constitution Day	A day of mixed support among the people of Puerto Rico. In 1952, the island was proclaimed a Commonwealth. Supporters of this proclamation celebrate the day. Others, that want to see the island become either an independent nation or an official U.S. state, use the day to promote their beliefs
July 26	Cuba	Revolution Day	This national holiday marks the anniversary of 1953 attack on the Moncada army barracks, in Santiago, Cuba, by Fidel Castro's forces. Many Cuban-Americans who live in the United States do not celebrate the day
July 28 - 29	Spain	St. Ignatius of Loyola Festival or the Festival de San Ignacio de Loyola	St. Ignatius is the patron saint of Basques (a region in northern Spain). Boise, Idaho hosts one of the most important Basque festivals in the U.S. Outdoor picnics, Basque singers and an international card game (Mus Tournament) are part of the city's celebration
July 28 - 29	Perú	Independence Day	Perú's independence day. Washington D.C. observes these dates with a festival
August 1-6	El Salvador	Feast of the Savior of the World	Street fairs and a procession honoring the patron saint of El Salvador are part of the El Salvador festivities
September 8	Cuba	Feast of Nuestra Señora de la Caridad del Cobre	The remembrance of Cuba's patron Virgin of Charity. Cubans and Cuban-Americans pray to her for inspiration and support
2 nd Week-end of September	Santa Fe, NM	Fiesta de Santa Fe	A celebration of Santa Fe's Spanish Catholic heritage, New Mexico's Pueblo Indians, and a commemoration of the 1692 re-conquest of Santa Fe, which had been seized from the Spanish by a Pueblo Indian revolt. The event starts with the burning of Zozobra (Old Man of Gloom) – a 40-foot puppet that represents all the past year's negative feelings
September 15	El Salvador, Costa Rica, Guatemala, Honduras, and Nicaragua	Independence Day	Salvadorans, in Los Angeles, gather in the Pico Union area for a party and parade
September 16	Mexico	Independence Day	In 1810, catholic priest Miguel Hidalgo, lead the revolt against 300 years of Spanish rule.

The diversity of the Latin American and Latino cultures is reflected in their holidays

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